

# PHYSICIAN HEALTH SERVICES, INC.

A Massachusetts Medical Society corporation  
www.physicianhealth.org

LUIS T. SANCHEZ, MD  
Director

March 13, 2012

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Michael L. Langan, M.D.  
41 Kilsyth Road  
Brookline, MA 02445

Dear Dr. Langan:

As has been discussed, one of the requirements of your Physician Health Services substance use monitoring contract with a behavioral health addendum is attendance at peer support groups.

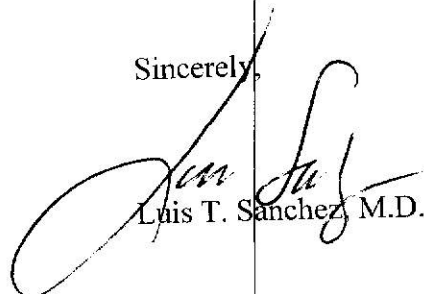
PHS requires that you participate in a minimum of three PHS approved support group meetings per week including at least one physician meeting each week, and document your participation with the signature of a consenting attendee and/or a phone number for an attendee who is able to confirm your participation.

As we have clarified at our recent meeting on March 6, 2012, the purpose of obtaining a contact name and phone number is to allow PHS to randomly confirm your regular attendance at the required meetings. PHS does not require this person's full name, rather just a first name and telephone number. Please assure any potential contacts that PHS is a confidential, peer review program which will respect their anonymity and will refrain from any re-disclosures. If potential contacts or a meeting coordinator should have any questions about this request, they are welcome to contact Dr. Gary Chinman at (617) 738-8900 or call me directly.

Also, to help you document your monitoring requirements, I have attached a copy of the chart we shared at our recent meeting setting forth your contract and BRM requirements, as well as a sample form for documenting your support group attendance. It is recommended that you bring these to your meetings with Dr. Chinman so you can review your progress more frequently than at the end of each quarter. Finally, as a reminder, you agreed to provide PHS with current documentation of your prescriptions, both now and on an on-going basis, and to provide PHS with more details regarding your support group attendance during the past quarter. PHS did receive the documentation you provided of prescriptions and of the mindfulness exercise program. Please confirm with Dr. Chinman once you have begun this program as well as any additional programs in which you enroll such as those as the Benson-Henry Institute for Mind Body Medicine.

It was a pleasure to meet with you and we look forward to working with you closely throughout your contract term.

Sincerely,



Luis T. Sanchez, M.D.

cc : Gary Chinman, M.D.  
Scott Liebert, Esq.